

Kitaj Daily Schedule

- 4:30 alarm rings
- 5:30 depart for walk to Coffee Bean, Westwood
- 6:00 arrive at Coffee Bean after stop for the *LA Times*, and on Fridays and Sundays the *NY Times*, order large black coffee, plain bagel with butter, and bran muffin. read and write.
- 10:00 depart Coffee bean for return home
- 10:30 to Painting Studio
- 12:30 meet with Tracy over lunch
(bowl of soup or All Bran)
- 1:30 siesta (reading and resting)
- 3:30 return to Painting Studio
- 4:30 take visitors for one hour or continue painting
- 5:30 television
(news, movie or Cleveland Indians game)
- 6:30 dinner (Thursdays and Sundays with family)
- 7:00 television
- 8:00 to bed to read and to sleep